

OLLI

COURSE CATALOG

Fall 2022

September 6
Registration begins

September 28
Archaeology of the Viking Age
Page 7

**OLLI at UC Davis launches a new
classroom/zoom hybrid pilot!**

Page 1



UCDAVIS

BECOME A MEMBER OF

OSHER LIFELONG LEARNING INSTITUTE (OLLI)

Courses and Events for Seniors

OLLI Membership Fees

ANNUAL MEMBERSHIP (Academic Year)

Sept. 26, 2022 – June 30, 2023 **\$75**

QUARTERLY MEMBERSHIP (Register by phone)

Sept. 26, 2022 – Dec. 16, 2022 **\$25**

Quarterly membership can only be paid by phone with our Student Services team at (530) 757-8777.

Class Locations

Courses will be offered in person and via Zoom, as well as hybrid pilot. (See article on next page.) In-person classes will take place at Watermelon Music, 1970 Lake Blvd. Suite 1, Davis. Locations may be subject to change based on public health COVID guidelines. Maps to classroom locations are available on our website.

Please check the OLLI website for details and updates, or contact OLLI staff at olli@ucdavis.edu.

To Enroll

By Phone (530) 757-8777

Online cpe.ucdavis.edu/olli

Enrolling online requires an account. If you have questions, call Student Services.

Need help enrolling? Our Student Services team is available by phone to help! Call the number above and leave a message asking for a call back. Include your phone number and an email where you can be reached. Student Services office hours are: Monday-Friday, 8:30 a.m. to 4:30 p.m.

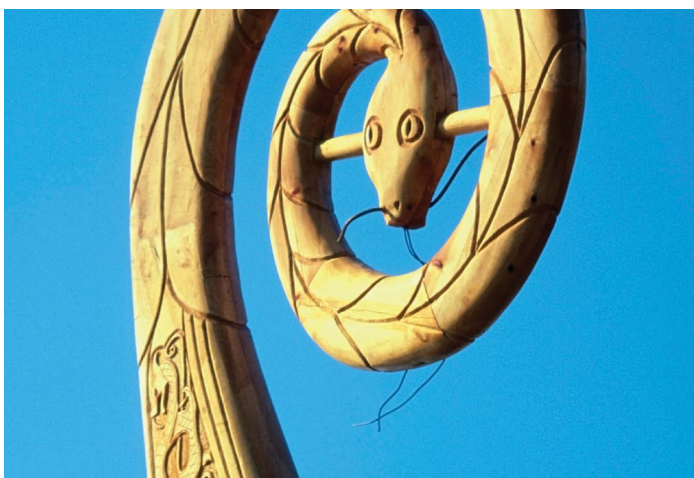
Exclusive OLLI Membership Offer for Members of UC Davis Retirees' Association (UCDRA) and UC Davis Emeriti Association (UCDEA)

To help build a more sustainable OLLI and engage the many talented, energetic and experienced members of UCDRA and UCDEA, we are offering you a complimentary course credit equivalent to your paid OLLI membership fee.

To receive your course credit, please register for membership and courses by phone at

(530) 757-8777 Ext. 1. This offer requires validation of current UCDRA/UCDEA membership, which cannot be verified through our online registration system. For questions and further details, please contact the OLLI office at (530) 752-9695.

For others in need of financial assistance, OLLI scholarships are available. Contact the OLLI office to enroll.



Replica Viking ship bow, Oslo, Norway

OLLI CHANGES BRING MORE CHOICE AND OPPORTUNITY

Lisa Smith-Youngs, Director - Osher Lifelong Learning Institute

There are so many motivating quotes about change! Socrates wrote, “*The secret of change is to focus your energy not on fighting the old, but on building the new.*” World-changer Albert Einstein said, “*The measure of intelligence is the ability to change.*” And there’s that old saying about change being the only constant.

All growing things experience change. To survive world-changing events, every OLLI institute has made big changes, accompanied by more choice and opportunity—new teachers, new students and new horizons.

We’ve missed our members who couldn’t transition to online classes and want to welcome everyone back to the joy of lifelong learning. In that spirit, the coming year brings impactful change:

In this catalog you’ll find courses offered in a variety of formats: **classroom only**, **Zoom only** and now, our **hybrid pilot**—live classroom courses with simultaneous Zoom coverage! Each listing indicates where and how a class will be available. Work with us to adapt, test and perfect this new hybrid system! It will take practice, patience and the positive energy to make it work! We invite you to be part of the change that touches more lives through OLLI.

For further details, see Important News and Changes for Fall 2022 on the back cover.



= Hybrid (classroom and Zoom)



= Zoom Only

The OLLI catalog has expanded










New categories and subject matter to honor a greater diversity of interests.

- Community** Celebrating the diversity of life through travel, special interest groups and experiences promoting a profound, inclusive understanding of our world.
- Discovery** Subjects of intellectual interest, incorporating categories from our time-honored catalog.
- Longevity** Classes that speak to learners where they *are* in their lifespan, serving interests from home and garden to subjects addressing physical and mental wellness.

COURSES AND EVENTS AT A GLANCE

FALL 2022 – Online registration begins September 6


As a helpful reminder, we suggest you circle or highlight the classes in which you have enrolled.

COURSE TITLE	#DAYS	START DATE	COURSE#	FEE	PG
Community					
SPECIAL INTERESTS _____					
Bird Watching Tour of the Yolo Bypass Wildlife Area	1	Nov. 10	222SNR202	\$35	4
Memoirs: A Writing Workshop	8	Sept. 27	222SNR205	\$85	4
OLLI Reads: A Book Discussion Group 	4	Oct. 21	222SNR200	FREE!	5
Wine, Whine, and Chat 	9	Sept. 30	222SNR210	FREE!	5
TRAVEL _____					
Off the Beaten Track	2	Dec. 5	222SNR207	\$40	5
Stebbins Cold Canyon Reserve Geology Hike	1	Oct. 24	222SNR215	\$35	5
WORLD-VIEW _____					
Universal Declaration of Human Rights: History and Applications 	2	Oct. 24	222SNR209	\$40	6
Discovery					
ART, MUSIC AND THEATER _____					
Augustus Caesar's World: Roman Visual Arts at the Turn of the Millennium 	4	Oct. 12	222SNR302	\$60	6
Women in the Blues 	2	Nov. 3	222SNR305	\$40	7
FILM STUDY _____					
Catch Me If You Can: The Con Artist in American Film	4	Nov. 22	222SNR322	\$60	7
HISTORY _____					
Archaeology of the Viking Age 	2	Sept. 28	222SNR304	\$40	7
Athena Militant: The Importance of 19th-Century Female Military Companies 	1	Oct. 27	222SNR311	\$30	8
First Ladies Before, During and After the Civil War: Part 2 	2	Nov. 21	222SNR307	\$40	8
Researching Your Family History	1	Dec. 1	222SNR303	\$30	8
Social Darwinism in American History	2	Oct. 28	222SNR300	\$40	9
The Virginia Dynasty: Early Presidencies and Slavery 	4	Nov. 15	222SNR316	\$60	9

 = Hybrid (classroom and Zoom)

 = Zoom Only




LITERATURE AND PHILOSOPHY

Joan Didion: The Works 	4	Oct. 4	222SNR344	\$60	9
The Life of Jesus	2	Nov. 7	222SNR341	\$40	10
Keats and Frost: Two Poets “Acquainted with the Night”	2	Oct. 10	222SNR347	\$40	10

POLITICS AND CURRENT EVENTS






Current Developments in the US Supreme Court	4	Nov. 16	222SNR360	\$60	10
Future Perfect 	1	Nov. 9	222SNR368	\$30	10
Healthcare Economics 	1	Nov. 17	222SNR361	\$30	11
I Read About it on the Interwebs: What’s Happening in Journalism Today 	4	Oct. 18	222SNR363	\$60	11
Meet the Mayor – Looking at Davis’ Future 	1	Sept. 27	222SNR367	FREE!	11
A Mindful Approach to Peacemaking 	1	Oct. 3	222SNR362	\$30	12
Project Recover: The Impact of Returning MIAs on Family and Community	1	Oct. 20	222SNR364	\$30	12
Reading <i>The New Yorker</i> (Session 1) 	8	Sept. 30	222SNR365	\$80	13
Reading <i>The New Yorker</i> (Session 2) 	8	Dec. 2	222SNR366	\$80	13
Russia vs. Ukraine: The Anatomy and Consequences of an Aggressive War Waged by a Superpower Against a Small Nation State 	6	Sept. 28	222SNR370	\$70	13
Timely Topics 	8	Sept. 26	222SNR369	\$80	14

SCIENCE

A Future for Nuclear Energy 	1	Sept. 29	222SNR381	\$30	14
Geoscience and Global Politics 	1	Nov. 3	222SNR384	\$30	14
A Resilient Forest in the Future Sierra Nevada 	2	Dec. 1	222SNR385	\$40	15
Ukraine: A Teachable Moment - Geoscience and War 	1	Nov. 1	222SNR388	\$30	15

Longevity

WELLNESS

Advance Care Planning: Five Wishes 	1	Nov. 9	222SNR400	FREE!	16
Eat Plants: Live Longer & Reduce Chronic Disease with a Whole Food, Plant-based Lifestyle! 	12	Sept. 29	222SNR405	\$100	16
Telehealth and Smart Home Technology: Innovations in Aging-in-Place 	1	Oct. 6	222SNR402	FREE!	17
Mindfulness Practice for Peace 	4	Nov. 21	222SNR407	\$60	17
Never Too Old to Follow Your Dreams 	1	Nov. 16	222SNR410	\$30	17

 = Hybrid (classroom and Zoom)

 = Zoom Only

SCHEDULE OF COURSES AND EVENTS

Fall 2022 Enroll early! Classes begin Monday, September 26

Community



SPECIAL INTERESTS

Bird Watching Tour of the Yolo Bypass Wildlife Area

Traveling between Davis and Sacramento, many people do not know that the land below the causeway is part of the Yolo Bypass Wildlife Area, a critical refueling point for various species of birds during Fall & Spring migration along the Pacific Flyway. It's also the winter destination for other groups of birds. We will travel along the automobile tour route to view and identify various species of birds that use the area as a permanent or winter home. Participants will have an opportunity walk along flat trails for closer looks at some birds.

Note: Participants must provide their own transportation to the Yolo Bypass Wildlife Area. A map will be provided in advance. Participants must be prepared to walk unassisted on rough and uneven ground and stand for long periods. Please wear sturdy, comfortable shoes, and bring binoculars, a hat or sunscreen. **Limited enrollment.**

Suggested Reading: Any field guide to birds of western North America.

Instructor: Ken Ealy is a local birdwatcher. He is vice president of the Yolo Audubon Society, a Certified California Naturalist and a docent for the Yolo Basin Foundation. Ken leads tours of the Yolo Bypass Wildlife Area and the Davis wetlands for the Yolo Basin Foundation.

1 Thursday	Nov. 10	9-11 a.m.
222SNR202	\$35	Yolo Bypass Wildlife Area

Memoirs: A Writing Workshop

The legacy of your personal stories has great value to your family and to other people, too. Several memoirs and stand-alone memoir stories have been published out of this class, which operates like a writer's workshop. Every week students write a three- to four-page memoir piece or personal essay. Receive feedback and ideas on grammar and punctuation, story structure and the use of literary technique. Everyone will have the opportunity to read two or more of their stories to the class for an in-depth critiquing session. Join us on the memoirists' journey where we make meaning and art of our life experience.

Instructor: Kit Kirkpatrick is a certified memoirist, having completed "Writing Down the Soul" at the Pacifica Graduate Institute in Santa Barbara. She holds a Life Teaching Credential from UC Davis and a master's degree in communications from CSU, Sacramento. She has been a publicist, owned a public relations agency and published a statewide magazine, *California Restaurateur*.

8 Tuesdays	Sep. 27-Nov. 15	12:30-3:30 p.m.
222SNR205	\$85	Watermelon Music



OLLI members birdwatching on a Yuba County excursion.

OLLI Reads: A Book Discussion

Group

Our facilitator will guide the group to explore one book each month with a final session to compare all three books: 1) *Eleanor: A Life*, by David Michaelis, explores how Eleanor Roosevelt became a voice for the voiceless; 2) *Black, Brown and White*, by Lynne Isbell, chronicles the lives of three friends in 1960s Compton during the civil rights and black power movements; 3) *A Ballad of Love and Glory*, a novel by Woodland author, Reyna Grande, dramatizes the human history of the 1846 struggle at the Mexico-U.S. border. Come prepared to share your thoughts about these compelling books.

Note: OLLI membership required.

Instructor: Cynthia Kellogg taught language and literature for 40 years at Woodland Community College, where she designed the course, *Many Voices*, to introduce students to works from diverse cultures. Her favorite pastime is reading books. Her other favorite pastime is talking with other people about books.

4 Fridays	Oct. 21, Nov. 18,	
	Dec. 16 & Jan. 6	2-3:30 p.m.
222SNR200	FREE!	Zoom only

Wine, Whine and Chat

Join OLLI members online for an hour of stimulating discussion and laughter. Share your thoughts about what's happening in the world. It's a great way to stay connected and end your week with OLLI friends. Bring your favorite beverage, relax and enjoy the camaraderie. Our goal is to gather and have a lively discussion weekly with fellow thinkers!

Note: OLLI membership required. **No sessions Nov. 11 & 25.**

Instructors: Brenda Turner served many terms as chair of the OLLI Curriculum Committee. She was a speech pathologist and special education teacher for the Yolo County Office of Education for 27 years. Brenda holds degrees in linguistics from UC Davis and speech pathology from CSU Sacramento.

Rick Becker specialized in Latin-American and Eastern-European affairs during a 30-year diplomatic career with the U.S. State Department. He served as chief of mission in Panama and as foreign affairs advisor to the chief of staff of the U.S. Army.

9 Fridays	Sep. 30-Dec. 9	4-5 p.m.
222SNR210	FREE!	Zoom only

TRAVEL _____

Off the Beaten Track

Calling all travelers! Wouldn't you love to take some trips to interesting places where you probably haven't been? Join a group of seasoned OLLI tour guides to vicariously visit the following locales: Malaysia and Borneo with Barbara Drushell, Antarctica with Marvin Goldman, Romania with Rick Becker, Vietnam with Donna Skinner, Hungary with Paul Tarczy and a polar bear migration in Canada with Gail Yokote. Your guides will have lots of photos to share.

Instructor: Barbara Drushell will serve as the moderator for this panel discussion. See bio on page 10.

2 Mondays	Dec. 5 & 12	10-11:30 a.m.
222SNR207	\$40	Watermelon Music

Stebbins Cold Canyon Reserve Geology Hike

Join us on a 1.5-mile round-trip hike (300' elevation gain) at Stebbins Cold Canyon Reserve, located a few miles west of Winters, to learn more about the geology of this area. We'll stop at several interpretive sites along the way to consider questions like: How did the coastal mountains form? How did Putah Creek cut through a 2,500'-high mountain wall (that itself consists of deep-sea sediments)? How do springs keep flowing during a drought and how does Monticello Dam affect downstream tributaries?

Note: Participants must provide their own transportation to Stebbins Cold Canyon Reserve. A map will be sent before class. Participants must be prepared to walk unassisted on steep, rough uneven ground. Wear sturdy, comfortable shoes, and bring either sun/rain protection, water and snacks. **Limited enrollment. No pets.**

Instructor: Marc Hoshovsky is a local naturalist who enjoys leading nature walks. He worked for 30 years with state government protecting endangered species habitat throughout California. He co-authored the 2020 guide *Exploring the Berryessa Region: A Geology, Nature and History Tour*.

1 Monday	Oct. 24	9:30-11:30 a.m.
222SNR215	\$35	Stebbins Cold Canyon Reserve, Winters


Universal Declaration of Human Rights: History and Applications

Learn how the U.S., USSR, U.K. and China (the Four Policemen) argued over the aims of the draft U.N. Charter and how the minor powers induced liberal compromises at San Francisco in 1945. Explore how Eleanor Roosevelt managed political, religious and philosophical disputes about the meaning of “human rights” and achieved an uneasy agreement on a Universal Declaration of Human Rights in 1948. The compromises embedded in both the Charter and the Declaration enabled their adoption, and the foundation of international human rights principles, treaties and courts which continue to provoke varying interpretations and disputes today.

Suggested Reading: Consult the *U.N. Charter and Universal Declaration on Human Rights* at www.un.org.

Instructor: Stephen Hoadley is a veteran academic, author and media commentator. For 20 years he coordinated a graduate degree in International Relations & Human Rights at the University of Auckland New Zealand and taught the core course. He leads OLLI courses online from his home in New Zealand.

2 Mondays **Oct. 24 & 31** **2-3:30 p.m.**
222SNR209 **\$40** **Zoom only**



Learn about our hybrid pilot!
 See page 1 for details.

Discovery

ART, MUSIC AND THEATER

Augustus Caesar’s World: Roman Visual Arts at the Turn of the Millennium

The political impact of Augustus Caesar, the first Roman Emperor on the ancient Mediterranean world, is well known. Less well known, though, is the lasting influence of this era on the visual arts throughout the Roman Empire. Explore the visual world of Augustan Rome by looking at the role of the arts in the Roman state and at the lives of ordinary people. We will review official monuments of the Empire and analyze what message these works hoped to convey and how successful they were. We will also consider visual evidence for ordinary Romans: who they were, what kind of art and architecture framed their public spaces, and the place of art in their private lives.

Instructor: Lynn Roller is professor emerita of art history at UC Davis, with special interests in the art and archaeology of the ancient Near East, Greece and Rome. She has conducted archaeological research in Greece, Turkey and Bulgaria, and has published widely on Greek and Roman art and architecture.

4 Wednesdays **Oct. 12-Nov. 2** **2-3:30 p.m.**
222SNR302 **\$60** **Watermelon Music/Hybrid Pilot**



Closeup of statue of the Augustus of Prima Porta – courtesy of Wikipedia

Women in the Blues

Music is a tough career path for women, especially African American women, and male blues artists significantly outnumber female artists. Nonetheless, the blues queens dominated recordings of the blues in the 1920s, with a steady stream of influential female performers since that time. This course will explore the music and careers of women performers in the blues, from Ma Rainey, Bessie Smith and their peers, to Memphis Minnie, Sister Rosetta Tharpe, Big Mama Thornton and Irma Thomas, to Koko Taylor, Bonnie Raitt and beyond.

Instructor: Julia Simon is a cultural historian who writes on the blues and teaches on 18th-century France at UC Davis. Her most recent book, *The Inconvenient Lonnie Johnson: Blues, Race, Identity*, was published by Penn State University Press.

2 Thursdays Nov. 3 & 10 2-3:30 p.m.
222SNR305 \$40 Watermelon Music/Hybrid Pilot

FILM STUDY _____

Catch Me If You Can: The Con Artist in American Film

A key character in the American lexicon of cultural types has been the “con artist,” in terms of motivation, manipulative tricks and ultimate success or failure. Money may perhaps rarely be the major goal, and the scope of trickery can be limited or international in nature! The common denominator is that the villain is usually lovable. We will examine four films based on real cases, with different effects on the ultimate victims: *Six Degrees of Separation* (1993), *The Hoax* (2006), *I Love You Phillip Morris* (2009) and *Catch Me If You Can* (2002).

Instructor: Rene Viargues taught a variety of classes (Art of the Cinema, English, government and history) at the California Maritime Academy from 1974-2004. He received master’s degrees from UC Berkeley (political science) and the University of Pennsylvania, where he completed post-M.A. studies in the American Studies Program.

4 Tuesdays Nov. 22-Dec. 13 1-4 p.m.
222SNR322 \$60 Watermelon Music

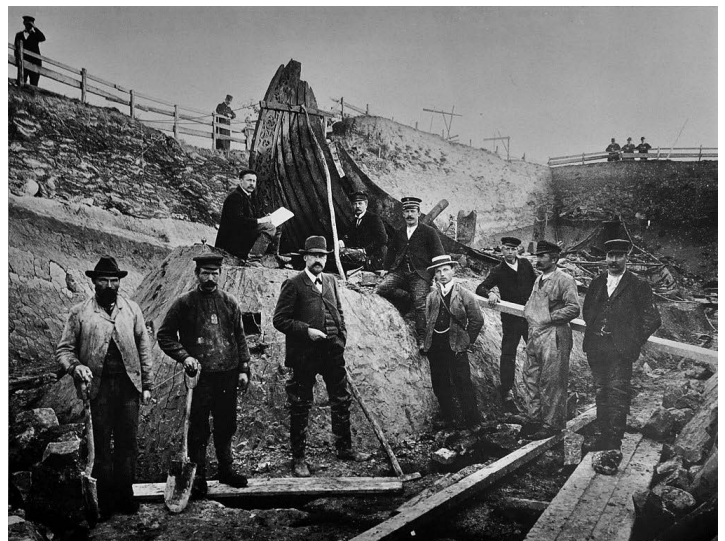
HISTORY _____

Archaeology of the Viking Age

Focusing on the archaeological record and beginning in Scandinavia, we will examine the period known as the Viking Age (~750-1050 CE). This was a time of cultural and political expansion beginning with raiding and trading, and later with settlement, in the British Isles, across the North Atlantic, into Europe and along the Asian steppe. Vikings are well-known as innovative shipbuilders, but raising sheep and weaving was arguably just as important to their success. The Viking period may be long past, but Vikings were rediscovered during the Enlightenment and then recast by the Romantics, the Victorians, the Nazis and continue to be part of our culture today. We will dig through the archaeological evidence, focusing on who the Vikings were, how they lived and what drove their expansion.

Instructor: Christyann Darwent is a professor of archaeology at UC Davis. She has conducted field work for over 30 years focusing on Inuit cultures of the Arctic. Interest in Viking Age archaeology was sparked when a piece of chain mail was found during excavation of a site in remote northern Greenland.

2 Wednesdays Sep. 28 & Oct. 5 2-3:30 p.m.
222SNR304 \$40 Watermelon Music/Hybrid Pilot



1904 photo of the Oseberg excavation team – public domain

Athena Militant: The Importance of 19th-Century Female Military Companies

When women were allowed to enlist in the US military in 1917, the decision was universally lauded. This undertaking would have met a very different response in 1870. Women were felt to be unsuited for that most sacrosanct of male endeavors—war. Somehow, in the intervening years, public attitudes shifted. Explore how America came to view women’s military capabilities differently—long forgotten by history, these informal military organizations were critical to overcoming the last barrier to universal suffrage.

Instructor: Gary Mitchell is a 1975 graduate of West Point and a lifelong student of military history. An avowed research junkie, he enjoys sharing the fascinating stories he uncovers in the forgotten corners of American history. He has taught for years at his local Osher Institute and is a published author.

1 Thursday **Oct. 27** **10-11:30 a.m.**
222SNR311 **\$30** **Zoom only**



The Brighton Blues of Staten Island NY 1889 – courtesy of Gary Mitchell

First Ladies Before, During and After the Civil War: Part 2

The tumultuous years of the Civil War era were times that tried women’s souls. Two strong women, Mary Lincoln and Eliza Johnson, brought very different strengths, energies and ambitions to the White House. America’s first ladies are not elected yet they play significant roles of great influence during their time in the White House. Using photographs, stories and discussion, we’ll explore their lives and legacies.

Instructor: Joan Griffin is a writer and historian who specializes in first ladies. She has also taught classes on first ladies at both OLLI at UC Davis and OLLI at Sierra College.

2 Mondays **Nov. 21 & 28** **10-11:30 a.m.**
222SNR307 **\$40** **Zoom only**



Mary Todd Lincoln, 1861 – courtesy of Wikipedia

Researching Your Family History

In this introductory class, students learn how to research family history from a local historian with a long family lineage in Yolo county. Discussion will include resources that are available in the local community and online.

Suggested Reading: *The Second Founding* by Eric Foner, W.W. Norton & Company

Instructor: Robyn Rominger is an award-winning journalist and American West historical writer with more than 30 years of professional experience writing about agricultural, equestrian and lifestyle topics. She has authored two books, including: *A Land Filled With Horses: The Yanci Ranch*, a non-fiction story about a horse-rescue operation, and *A Ranch For Generations*.

1 Thursday **Dec. 1** **10-11:30 a.m.**
222SNR303 **\$30** **Watermelon Music**

Social Darwinism in American History

According to William Graham Sumner, who helped popularize Social Darwinism in the late-19th century U.S., “A drunkard in the gutter is just where he ought to be, according to the fitness and tendency of things. Nature has set upon him the process of decline and dissolution by which she removes things which have survived their usefulness.” Explore the historical context in which Social Darwinism and the notion of “survival of the fittest” came to influence jurisprudence and economic thinking, its relationship to ideas about capitalism and its ongoing relevance in American history and politics.

Instructor: Claire Goldstene has taught U.S. history at American University, the University of North Florida, and the University of Maryland. She published *The Struggle for America’s Promise: Equal Opportunity at the Dawn of Corporate Capital* in 2014. She has taught multiple classes for OLLI at UC Davis.

2 Fridays **Oct. 28 & Nov. 4** **2-3:30 p.m.**
222SNR300 **\$40** **Watermelon Music**

The Virginia Dynasty: Early Presidencies and Slavery

Why did four of the first five U.S. presidents come from Virginia? How did Virginians come to dominate early national politics? How did the Constitutional Convention negotiations around the electoral college and compromises on slavery affect the future course of U.S. government, especially the presidency? What were the hallmarks of the presidencies of Washington, Adams, Jefferson, Madison and Monroe? Through lecture and plenty of discussion, we’ll examine these questions.

Note: Unlike most of our catalog, this class is presented in one-hour sessions.

Instructors: Don Fraser spent a lifetime working in various capacities in government. He has a bachelor’s degree in political science from UCLA and a master’s in public policy and administration from CSU Long Beach. His academic background, and lifelong interest in American history and politics, led him to write and begin teaching on the founding of the United States.

Joan Griffin (see page 8)

4 Tuesdays **Nov. 15-Dec. 6** **10-11 a.m.**
222SNR316 **\$60** **Zoom only**

LITERATURE AND PHILOSOPHY

Joan Didion: The Works

Sometimes maddeningly detailed, often obscure, usually surprising and always skillful, Joan Didion could light up the minds of readers. Her courage, versatility and obscurity are amazing. Prepare to “light up” with some of Didion’s prominent works including parts of *The White Album*, *Salvador* and *The Year of Magical Thinking*. The course will cover background, themes, style and the “so what” of Didion’s work. Students are urged to share opinions. Suggested reading shown below—read all other Didion works if you have time.

Suggested Reading: *The White Album*, Pocket Books; *Salvador*, Pocket Books; *The Year of Magical Thinking*, Vintage Books; *Play it as it Lays*, Farrar, Straus & Giroux - all by Joan Didion.

Instructor: Cynthia Kellogg (see page 5)

4 Tuesdays **Oct. 4-25** **10-11:30 a.m.**
222SNR344 **\$60** **Watermelon Music/Hybrid Pilot**



Author Didion at the 2008 Brooklyn Book Festival – courtesy of Wikipedia

The Life of Jesus

Explore the four gospels as historical documents to construct a biography of Jesus. The aim will be to separate the chaff (what early Christians invented about Jesus) from the wheat (what he really did and said). For example: Did early Christians invent Bethlehem as Jesus's birthplace because they believed him to be descended from King David, who was born in Bethlehem? Jesus was probably born in Nazareth. The assignment is to read at least one of the synoptic gospels (Matthew, Mark or Luke) and have a go at separating the wheat from the chaff.

Suggested reading: The Book of Matthew provides Jewish perspective. For a Greek-oriented gospel, read Luke. Do not choose Mark as the only reading. As the shortest gospel it's good to read as a supplement to Matthew or Luke. The first few chapters of John are recommended to provide an agnostic perspective.

Instructor: David Robertson received his Ph.D. in religious studies from Yale University. He is a retired professor of English at UC Davis, where he taught courses in the Bible as literature for nearly 40 years.

2 Mondays **Nov. 7 & 14** **2-3:30 p.m.**
222SNR341 **\$40** **Watermelon Music**

Keats and Frost: Two Poets “Acquainted with the Night”

Keats and Frost are often thought of as poets illuminating the delights of beauty and nature in lyrical and lovely ways. Though many of their works are indeed uplifting and cheerful, each man, in his own way, expressed in his verses, deep undercurrents of sadness and darkness. We will examine and discuss several poems and note the complicated, often contradictory, strains found in their writings. We will also consider the forms that they used to convey their thoughts and emotions.

Instructor: Barbara Drushell earned degrees in classics (Greek and Latin language and literature) from Douglass College and Harvard. She was a teaching fellow at Harvard and an instructor at Ohio State University. She also served as a lecturer in English, specializing in writing and poetry, at CSU, Bakersfield.

2 Mondays **Oct. 10 & 17** **2-3:30 p.m.**
222SNR347 **\$40** **Watermelon Music**

Current Developments in the US Supreme Court

This course will present and discuss current developments in the United States Supreme Court including petitions, writs filed and granted, briefs, arguments, opinions and dissents. To provide context, the historical background and constitutional doctrines underlying the issues will be presented. For example, if a gun control case is decided, the class will cover the history and adoption of the Second Amendment as well as the current question before the Court.

Instructor: Margaret Johns received the Distinguished Teaching Award, the Distinguished Public Service Award and the Alumna of the Year Award while teaching at the UC Davis School of Law. She founded the school's Civil Rights Clinic and has been recognized by federal trial and appellate courts for her pro-bono service.

4 Wednesdays **Nov. 16-Dec. 7** **10-11:30 a.m.**
222SNR360 **\$60** **Watermelon Music**

Future Perfect

Remember the book 1984 and *that* was the future? How about the year 2000, the new Millennium, and that was the future! We've lived through all those futures, so, what is the next "future"? One thing we know—technological change has accelerated, hasn't it? We'll look ahead, not too far, maybe 10 years, and take a quick look back, just to set the stage. Remember how you "did things" prior to the *smart phone*? Driven by technology, what's likely to happen by 2030? We'll consider transportation, space travel, health care, education, climate/environment, energy generation and more. Will this be "*future perfect*"?

Instructor: Doug Stowell has been an OLLI instructor at Furman University in Greenville, South Carolina, since 2015 and nationally for more than 40 OLLI's since 2018. He is a career consumer research and political polling professional in the U.S. and E.U.

1 Wednesday **Nov. 9** **2-3:30 p.m.**
222SNR368 **\$30** **Zoom only**

Healthcare Economics

Economics plays a central role in the functioning of every aspect of society. Examine the current state of health care in the United States, including an in-depth exploration of costs, access and quality. Beyond this, explanations are offered for the dramatically increasing costs of health care, from premiums to fees for service as well as different models for health care, or more accurately, health insurance provision. We will discuss a variety of systems in place and what role they play in the U.S. system of healthcare provision.

Instructor: Jon Haveman, Ph.D., is the executive director of the National Economic Education Delegation (NEED). He is an expert on economic policy and received a doctorate in economics from the University of Michigan.

1 Thursday **Nov. 17** **10-11:30 a.m.**
222SNR361 **\$30** **Zoom only**

I Read About it on the Interwebs: What's Happening in Journalism Today

Retired journalists Jim Bettinger and Richard Zeiger will discuss the state of journalism today and the consequences for a free society. Issues will include: coverage of the mid-term elections, the decline of local media, covering the war in Ukraine and how modern politicians bypass the press.

Instructors: Richard Zeiger spent the first half of his life as journalist. Most of the second half he worked for the state legislature. During his last four years he was chief deputy of the California Department of Education.

Jim Bettinger is director emeritus of the John S. Knight Journalism Fellowships at Stanford. He retired after 16 years as director and 11 years as deputy director. He worked for daily newspapers for 20 years, as a reporter, editorial writer and editor at the *Riverside Press-Enterprise* and the *San Jose Mercury News*.

4 Tuesdays **Oct. 18-Nov. 8** **2-3:30 p.m.**
222SNR363 **\$60** **Zoom only**

Meet the Mayor – Looking at Davis' Future

Former Mayor Gloria Partida will offer insights into the inner workings of the Davis City Council—for example, how items are chosen for the agenda and how problems are resolved. Learn about the role of Commissions and how the Council works with the Police Department. She will entertain questions from class participants. Learn everything you always wanted to know about the operations of the people who run the city.

Instructor: Gloria Partida is a UC Davis alumna and served as mayor of Davis from 2020-2022. For much of her life, she has been an advocate for special-needs students, people with disabilities and women in science. She founded the Davis Phoenix Coalition, a non-profit to promote inclusion and prevent hate crimes.

1 Tuesday **Sep. 27** **10-11:30 a.m.**
222SNR367 **FREE!** **Zoom only**



Gloria Partida, Davis mayor 2020-2022 – photo by Karin Higgins/UC Davis

A Mindful Approach to Peacemaking

Why have politics become so hostile and social media sites so full of conspiracy theories? Why are we so prone to anxiety? Much of our discontent stems from our evolutionary heritage: we are creatures with strong hunter-gatherer emotions trying to make do in mass industrial society. Join Judge Peterson to discuss our competing instincts for cooperation and hostility and learn tools to help us be mindfully aware of the emotional tensions going on in and around us.

Suggested Reading: *On Human Nature*, Edward O. Wilson, publisher President and Fellows of Harvard College. Available through multiple online booksellers.

Instructor: Bruce Peterson is a retired judge in Minneapolis, Minnesota, where he served as the presiding judge of family court and several therapeutic courts. He teaches a course on lawyers as peacemakers at the University of Minnesota Law School and writes and speaks frequently about issues of law and social policy.

1 Monday **Oct. 3** **2-3:30 p.m.**
222SNR362 **\$30** **Zoom only**

Project Recover: The Impact of Returning MIAs on Family and Community

Project Recover (PR), has the mission to find and repatriate Americans Missing in Action since World War II to provide recognition and closure for their families and the nation. For over 29 years, its volunteers have conducted operations in over 20 countries, repatriating Americans missing for up to eight decades. PR is a partner and coordinates with the Defense POW/MIA Accounting Agency within the Department of Defense. Learn about the process from initiation through repatriation and, most importantly, the impact of repatriation on family and community of long missing family members.

Suggested Reading: *Vanished* by Wil Hylton, Riverhead Books; Documentary: *To What Remains* available on Amazon and other sites.

Instructor: Pat Scannon received a Ph.D. in chemistry at UC Berkeley and an M.D. at the Medical College of Georgia, U.S. Army, where he was board certified in internal medicine. He founded a biotech company (XOMA) in 1981 and The BentProp Project, which later grew into Project Recover, where he is currently a member of the board, president emeritus and active team member.

1 Thursday **Oct. 20** **10-11:30 a.m.**
222SNR364 **\$30** **Watermelon Music**



OLLI Classics

Watch select OLLI classes on Davis Media Access (channel 15) or visit the Yolo County Library in Davis and check out the Osher Lifelong Learning DVD collection.

Visit cpe.ucdavis.edu/olli for more info.

Reading *The New Yorker* (Sessions 1 and 2)

This course is an ongoing participation-discussion seminar based on weekly selections from *The New Yorker* magazine and recent news developments.

Limited enrollment. No sessions Nov. 25, Dec. 23 & 30.

Instructor: Michael Pach retired from a lengthy career in information system security validation and verification in both the public and private sectors. He enjoys guitar lessons, struggling to learn French, traveling, reading and enjoying time spent sharing ideas and thoughts with others in *Reading The New Yorker*.

SESSION 1

8 Fridays **Sep. 30-Nov. 18** **10 a.m.-noon**
222SNR365 **\$80** **Zoom only**

SESSION 2

8 Fridays **Dec. 2-16 &**
 Jan. 6-Feb. 3 **10 a.m.-noon**
222SNR366 **\$80** **Zoom only**

Russia vs. Ukraine: The Anatomy and Consequences of an Aggressive War Waged by a Superpower Against a Small Nation State

Russia invaded Ukraine in February 2022 with military weapons; bombardments by air, sea and land and moved tens of thousands of Russian troops across the Russian-Ukrainian border. The war has had immediate and long-term impacts on Ukraine and its people and on global security agreements, international relations, world trade and the world economy. This course includes a brief survey, overview and critical assessment of the Russian invasion of Ukraine and its continuing consequences. Each session will focus on a specific topic.

SESSION 1: How Did We Get Here? Brief History of Russia & Ukraine

SESSION 2: How Has Russia Waged a War? The Military Aspects

SESSION 3: When a Big Bully Breaks the Rules, Who Dares to Enforce Them? The U.N., World Reaction, and Economic Sanctions

SESSION 4: How Well Do Economic Sanctions Work?

SESSION 5: The Economic Impacts/Consequences of War

SESSION 6: A Wrap-Up, Critical Assessment and Crystal Ball View—Where Will It All End?

Instructor: Tony Tanke teaches a variety of political, legal and history courses. He graduated from the University of Wisconsin-La Crosse, received a JD from the University of Minnesota Law School, and an LLM from Cambridge University. He has taught in the law schools of the universities of Santa Clara and San Francisco, as well as at the Graduate Theological Union in Berkeley. He has lived and practiced law in Davis since 2000.

POSTPONED



Public demonstrations in support of Ukraine at the U.S. Capitol, March 2022 – courtesy of Unsplash

Timely Topics

Discuss current and timely events that affect our lives. The instructors provide weekly at-home assignments for each upcoming session. Reading materials will be available via links on the internet sent to class participants by email. For example, if an interesting presenter from the World Affairs Council is obtainable only via audio over the internet, participants should have listened to the presentation for discussion in the upcoming class. **Limited enrollment.**

Instructors: Dan Buckley graduated from the University of San Francisco and has a master's degree in transportation management from the Florida Institute of Technology. He served in the U.S. Army for 27 years and was on the faculty of the Naval War College in Newport, R.I., focusing on strategy and operations for four of those years. Buckley is currently retired and enjoys civilian life in Davis.

Paul Tarczy has an MBA from Golden Gate University. He spent 30 years working in the midst of the transformation of computer technology from mainframes to personal computers and spent much of his career setting up and maintaining computer networks in both the private and public sectors.

8 Mondays **Sep. 26-Nov. 14** **10 a.m.-noon**
222SNR369 **\$80** **Zoom only**



The Winter War of 1940 was partly due to Soviet interest in Finnish nickel mines - courtesy of Wikipedia

SCIENCE _____

A Future for Nuclear Energy

Most of today's aging nuclear reactors are 1950's technology. New designs address many of the negative issues associated with older reactors. We will review some of the issues and how they may be addressed. The class will discuss other fuel sources, novel and modular designs, and waste treatment potentials. No technical experience or expertise is required to participate.

Instructor: Marvin Goldman is a nuclear scientist with a 70-year career including as a UC Davis professor, NASA consultant, IAEA contributor, DOE lab director and author of over 100 publications. He is an E.O. Lawrence Laureate, Fellow of the AAAS, a member of Sigma Xi and past president of the Health Physics Society.

1 Thursday **Sep. 29** **10-11:30 a.m.**
222SNR381 **\$30** **Zoom only**

Geoscience and Global Politics

Over the course of human history, mineral, energy and water resources have served as a trigger and a pretext for conflict between nations. In fact, it can be argued that the control of natural resources was the "glue" that held many empires—including the Roman, Egyptian, Incan and Chinese empires—together. Over the past two centuries, the importance of natural resources has become even stronger; both world wars and many other conflicts can be viewed as disputes over various natural resources. In addition, oil and gas supplies have provided a backdrop for the war in Ukraine, and the response of the United States and the European Union has been largely shaped by consideration of these energy resources.

Instructor: Ken Verosub is distinguished professor emeritus in the Department of Earth and Planetary Sciences at UC Davis. His interests range from understanding the behavior of the Earth's magnetic field to deciphering the Earth's climate. For many years, he has also been studying the interface between geologic processes and human activity.

1 Thursday **Nov. 3** **10-11:30 a.m.**
222SNR384 **\$30** **Watermelon Music/Hybrid Pilot**

A Resilient Forest in the Future Sierra Nevada

The historic, current and future role of wildland fire is a major ecological, management and political issue. Tremendous resources and sometimes lives are lost each year to wildfire. Concerns over issues such as forest conservation and carbon sequestration have also highlighted the importance of understanding the role of fire in ecosystems. Join a research ecologist for a look at fire ecology, behavior, management, fire history methods, fire-climate change interactions and how we might manage ecosystems into the future to increase resiliency.

Suggested reading: *Operational resilience in western U.S. frequent-fire forests* by North, M.P., R.E. Tompkins, A.A. Bernal, B.M. Collins, S.L. Stephens, and R.A. York. 2022. *Forest Ecology and Management* 507: 120004. Available at <https://www.fs.fed.us/psw/pubs/63734>

Instructor: Malcolm North is a research ecologist with the U.S. Forest Service PSW Research Station and an affiliate professor in the Department of Plant Sciences at UC Davis. He received his master's in forest science at Yale University and his Ph.D. in forest ecology from the University of Washington.

2 Thursdays **Dec. 1 & 8** **2-3:30 p.m.**
222SNR385 **\$40** **Zoom only**

Ukraine: A Teachable Moment - Geoscience and War

From the dawn of civilization to modern day conflicts, the natural environment has often played an important role in who controls the land and sea, which attacks are successful or unsuccessful, and ultimately, who wins and who loses. Terrain, climate, weather and the availability of natural resources are important factors that an invader or a defender can ignore at their peril. We will first explore the ways these elements were involved in everything from Hannibal's invasion of the Roman Empire, to the Crusades, to the defeat of the Spanish Armada, to the invasion of Normandy and to the atomic bombing of Japan. Then, we will discuss how earth science factors were involved in the conflict in Ukraine.

Instructor: Ken Verosub (See page 4)

1 Tuesday **Nov. 1 10-11:30 a.m.**
222SNR388 **\$30** **Watermelon Music/Hybrid Pilot**

WHY I GIVE TO THE HEART OF OLLI



"My wife Peggy and I find OLLI to be uniquely enlightening and have not discovered its equal in other lifelong learning programs. Though we've moved from Davis, we earmarked a monthly donation from our investment portfolio to underscore our commitment to OLLI. As retired U.S. diplomats, we appreciate OLLI's distinctive, multi-dimensional value to the community. OLLI classes encourage critical thought about where we're going in life and who we are as world citizens." -Rick Becker

Help OLLI by showing you share our vision for lifelong learning. Make a commitment to monthly giving (as simple as \$10 per month) through our fundraising website:
give.ucdavis.edu/go/HeartofOLLI

The Heart of OLLI fund is administered by The Regents of the University of California—a qualified charity that provides donors with tax benefits to the full extent of the law. Your gift qualifies for a tax-deduction in accordance with IRS regulations for the calendar year your gift is made. After making a gift, you will receive an email with information that can serve as a receipt. Consult your tax professional for more information.

Questions? Contact OLLI Director, Lisa Smith-Youngs at (530) 752-9695.



Eat Plants: Live Longer & Reduce Chronic Disease with a Whole Food, Plant-Based Lifestyle! 📖

Whole food, plant-based diets are supported by major medical organizations as an excellent strategy for optimizing health and significantly reducing risk for chronic disease. Learn the scientific reasons about why eating plants offers many advantages to overall health as compared to other dietary patterns. Instruction is primarily lecture-based with engaging visuals, including video lectures by plant-based doctors. Explore best strategies for designing and eating a well-balanced, plant-based diet as well as recipes and brief kitchen cooking demos. This class is valuable for anyone wanting to fully transition to a plant-based lifestyle or for those who want to simply add more healthy plant foods into their present dietary plan.

Note: All classes will be held on Thursdays, except during the week of Thanksgiving, when class will be held on Wednesday, 11/23.

Instructors: Denise Rose and Georgie Campas have been teaching courses on whole food, plant-based eating for several years, with a social media presence under the name Happy Vegan Couple. As a Ph.D. sociologist and enthusiastic educator, Denise brings a sociological perspective to issues of public health, teaching people how to optimize their lifestyle with a WFPB diet. Georgie enjoys teaching healthy, simple and delicious recipes, drawing on life experiences in restaurants and as a family cook.

12 Thursdays **Sep. 29-Dec. 15** **2-4 p.m.**
222SNR405 **\$100** **Zoom only**



Smiles from a happy, healthy cook's kitchen – courtesy of Unsplash

Advance Care Planning: Five Wishes 📖

As the area's first not-for-profit hospice organization, YoloCares provides exceptional education in advance care planning. Five Wishes by Aging with Dignity, provides a platform for everyone to say exactly how they wish to be treated if they become seriously ill. Advance care planning is not just about old age. At any age, a medical crisis could leave one too ill to make their own healthcare decisions. Advance care planning involves learning about the types of decisions that might need to be made, considering those decisions ahead of time and then letting others know (both family and healthcare providers) about important preferences.

Instructor: Monique Hollowell, Business Development Manager of YoloCares, is a passionate professional who strives each day to enhance our community's knowledge on the importance of quality end-of-life care. Monique manages an amazing team of passionate professionals who build relationships, educate and help those who care for and are active in the transition of life.

1 Wednesday **Nov. 9** **10-11:30 a.m.**
222SNR400 **FREE!** **Zoom only**

Telehealth and Smart Home Technology: Innovations in Aging-in-Place

The face of healthcare is evolving and as in so many other arenas, knowledge = power! Learn about the latest research trends in in-home healthcare delivery to support aging in place. OLLI and The UC Davis Healthy Aging Initiative in collaboration with UC Davis Healthy Aging in a Digital World are pleased to present a discussion with UCDCM professor Yong Choi, whose research offers timely expressions on innovative technologies and how they are bridging chronic gaps in healthcare for older adults. Learn how home caregiving and caregivers are being affected by new innovations in telehealth and smart home and how telehealth is growing within the UC health system as well as the greater patient care landscape. Understanding the evolution of telehealth and smart home technology will give patients better insight into managing their own care and the care needs of others family members. Time for questions will be included in the session.

Instructor: Yong K. Choi, PhD., M.P.H. is an assistant professor at the Dept. of Public Health Sciences/Health Informatics Division at UC Davis School of Medicine. He conducts research focused on the design and evaluation of digital health technologies to support the aging-in-place of older adults by addressing their own needs and the needs of their family caregivers. His research provides evidence-based recommendations as to how to design digital health solutions that are easily adopted by older adults and integrated in their lives. Dr. Choi received his bachelor's degree in Computer Science and master's degree in Public Health from Texas A&M University Health Science Center, and his doctorate in Biomedical and Health Informatics from University of Washington in Seattle, Washington.

1 Thursday **Oct. 6** **10-11:30 a.m.**
222SNR402 **FREE!** **Zoom only**

Mindfulness Practice for Peace

How do we cultivate peace? Peace within ourselves, peace with others and peace with a world in crisis? This course will offer ways to practice connecting with an inner refuge that is always available to us. The class will be scaffolded with lessons that gently develop a deepening of our understanding and experience of how mindfulness can support our experiences in our everyday lives with others and with ourselves.

Instructor: Sue Banducci is an artist, educator and Davis resident. She has been practicing mindfulness meditation for 15 years and is credentialed by the Awareness Training Institute and the Greater Good Science Center at UC Berkeley.

4 Mondays **Nov. 21-Dec. 12** **2-3:30 p.m.**
222SNR407 **\$60** **Zoom only**

Never Too Old to Follow Your Dreams

Age shouldn't stop people from trying new things! Meet a 77-year-old debut novelist and publishing executive who tries to be an example and inspiration to others, especially fellow seniors. Learn how he switched careers in his 60s and then again in his late 70s. Don't just sit waiting—do something you've always wanted to do. It's never too late if you have your health and energy.

Instructor: Rick Bleiweiss spent the majority of his career in the music industry as a recording artist, Grammy-nominated producer and record label senior executive. He is currently Head of New Business Development at Blackstone Publishing His debut novel, *Pignon Scorbion & the Barbershop Detectives*, has garnered rave reviews and is an Amazon Editor's Pick.

1 Thursday **Nov. 16** **10-11:30 a.m.**
222SNR410 **\$30** **Zoom only**



UC DAVIS

OLLI at UC Davis

UC Davis Continuing and Professional Education

463 California Ave.

Davis, CA 95616

Phone (530) 752-9695

Email olli@ucdavis.edu

Web cpe.ucdavis.edu/olli



Blog cpe.ucdavis.edu/olli/blog



Important Program Updates for Fall 2022

Hybrid Class Pilot

In order to develop successful online hybrid course delivery, OLLI at UC Davis will be testing a limited number of classes each quarter in the first phase of our *hybrid pilot program*.

- Class locations shown as **Watermelon Music/ Hybrid Pilot** indicates the class will be offered in-person at the Watermelon Music classroom and simultaneously streamed via Zoom. 
- Some instructors will only be available by Zoom. In these cases, the class location is listed as **Zoom only** and will only be offered online. 
- For in-person classes not included in our hybrid pilot this quarter, the class location is listed simply as **Watermelon Music**.

Changes in OLLI Class Times

In response to growing feedback from our members, the OLLI Advisory Council and Curriculum Committee have voted to change the length of most classes to 90 minutes. Some discussion groups and specialty classes may have a longer session length. Be sure to check listed class times to be certain what time to arrive at class.

Check Your Email Regularly for Updates from OLLI

Now that OLLI staff work a hybrid schedule (some days at home/some days in the office), COVID updates, course updates, cancellations and location changes are all communicated via email. Class handouts are now only provided by email.

Emails from **OLLI@ucdavis.edu** or **cpeinfo@ucdavis.edu** provide important, timely information on your registrations, messages from instructors or important updates from the OLLI office.